

# WHAT'S THE PRESSURE

<b>Choreographers:</b>	<b>Release date: June 2016</b>
<b>Guido &amp; Ingrid Gircour</b> Venstraat 21 2900 Schoten Belgium	<b>Rhythm &amp; Phase: Cha Cha III+2</b> (Alemana, Triple Cha)
	<b>Music:</b> by Laura Tesoro, on CD Hit Music 2016 Vol 2 or mp3 download from Amazon among others. This song was the Belgian entry to the Eurovision Song Contest 2016. It made 10 <sup>th</sup> place.
	<b>Time &amp; Speed:</b> 2:51 @ unchanged speed
	<b>Footwork:</b> Opposite except where indicated ( <i>W's footwork in parentheses</i> )
E-mail: <a href="mailto:guido.ingrid@skynet.be">guido.ingrid@skynet.be</a>	<b>Sequence: Intro – ABC – Bridge – ABC – Interlude – D - CC – Ending</b>

## INTRODUCTION

<b>1 - 2</b>	<b>Wait ;;</b>	OP LOD ld ft free wt 2 meas ;;
<b>3 - 4</b>	<b>Circle Cha ;;</b>	Circ awy LF twd COH ( <i>WRF twd WALL</i> ) L, R, L/R, L to fc RLOD ; circ tog R, L, R/L, R to BFLY WALL ;

## PART A

<b>1 - 2</b>	<b>Alemana ;;</b>	Fwd L, rec R, sd L/cl R, ip L raisg jnd ld hnds palm to palm ( <i>W bk R, rec L, fwd R/cl L, fwd R twd M's L sd</i> ) ; bk R trng bdy slightly RF, rec L squaring bdy to fc ptr, sd R/cl L, sd R ( <i>Swvlg 1/8 on R ft W fwd L &amp; swvl sharply 3/8 RF, brushg R against L fwd R twd DRW &amp; swvl sharply 3/8 RF, compg full RF trn fwd L/cl R, sd L</i> ) to LOP-FCG WALL ;
<b>3</b>	<b>Open Break ;</b>	Raisg trl hnd straight up w/ palm out apt L strongly, rec R, sd L/cl R, sd L to BFLY WALL ;
<b>4 - 5</b>	<b>Crab Walks ;;</b>	XRif ( <i>W XLif</i> ), sd L, XRif ( <i>W XLif</i> )/sd L, XRif ( <i>W XLif</i> ) ; sd L, XRif ( <i>W XLif</i> ), sd L/cl R, sd L ;
<b>6</b>	<b>Spot Turn ;</b>	Relg hnds & swvlg ¼ LF on L ft fwd R trng LF ½, rec L trng ¼ LF to fc ptr, sd R/cl L, sd R ;
<b>7</b>	<b>Break to OP ;</b>	XLib ( <i>W XRib</i> ) trng to OP, rec R, twd LOD fwd L/cl R, fwd L ;
<b>8</b>	<b>Walk ;</b>	Fwd R, fwd L, fwd R/cl L, fwd R ;

## PART B

<b>1</b>	<b>Sliding Door ;</b>	Sd apt L, rec R, relg hnds & chg sd bhd W XLif/sd R, XLif ( <i>W chg sd in frnt of M XRif/sd L, XRif</i> ) to LOP LOD ;
<b>2</b>	<b>Rock Apart Recover Forward Cha ;</b>	Apt R, rec L, fwd R/ cl L, fwd R ;
<b>3</b>	<b>Walk &amp; Turn In Backward Cha ;</b>	Fwd L starting to turn twd ptr, sd & bk R contg trn to OP RLOD, bk L/cl R, bk L ;
<b>4</b>	<b>Back Basic ;</b>	Bk R, rec L, fwd R/cl L, fwd R ;
<b>5</b>	<b>Sliding Door ;</b>	Repeat meas 1-2 Part B turning to fc on last step to end in BFLY WALL ;;
<b>6</b>	<b>Rock Apart Recover Face Cha ;</b>	
<b>7 - 8</b>	<b>Cucaracha L &amp; R ;;</b>	Sd L w/ partial wgt, rec R, sip L/R, L; sd R w/ partial wgt, rec L, sip R/L, R;

**PART C**

1 - 2	Chase with Triple Cha In ;;	Fwd L trng ½ RF ( <i>W bk R no trn</i> ), rec R, in TAND COH [W bhd M] fwd L/lk Rib, fwd L ; fwd R/lk Lib, fwd R, fwd L/lk Rib, fwd L ;
3 - 4	Opposite Fence Line 2x ;;	XRif ( <i>W XLif</i> ) w/ bent knee, rec L, sd R/cl L, sd R; XLif ( <i>W XRif</i> ) w/ bent knee, rec R, sd L/cl R, sd L ;
5 - 6	Chase with Triple Cha Out ;;	Fwd R trng ½ RF ( <i>W fwd L trng ½ LF</i> ), rec L, in TAND WALL (M bhd W) fwd R/lk Lib, fwd R ; fwd L/lk Rib, fwd L, fwd R/lk Lib, fwd R ;
7 - 8	Finish The Chase ;;	Fwd L, rec R, bk L/cl R, bk L ( <i>W fwd R trng ½ LF, rec L, fwd R/cl L, fwd R</i> ), bk R, rec L, sd R/cl L, sd R ;

**BRIDGE**

1	Vine 4	Sd L, XRib ( <i>W XLib</i> ), sd L, XLif ( <i>XLif</i> ) ;
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**Repeat Parts ABC**

**INTERLUDE**

1 - 4	Chase Peek-A-Boo ;;;	Relg hnds fwd L trng ½ RF, rec R, fwd L/cl R, fwd L ( <i>W bk R, rec L, fwd R/cl L, fwd R</i> ) ; sd R look at ptr over L shldr, rec L, ip R/L, R ( <i>W sd L, rec R, ip L/R, L</i> ) ; sd L look at ptr over R shldr, rec R, ip L/R/ L ( <i>W sd R, rec L, ip R/L, R</i> ) ; fwd R trng ½ LF, rec L, fwd R/cl L, fwd R ( <i>W fwd L, rec R, bk L/cl R, bk L</i> ) to BFLY WALL ;
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**PART D**

<u>1</u>	Traveling Door;	Rk sd L, rec R, XLif ( <i>W XRif</i> )/sd R, XLif ( <i>W XRif</i> ) ;
<u>2</u>	Cucaracha R ;	Sd R w/ partial wgt, rec L, in plc R/L, R ;
<u>3</u>	Open Break ;	Raisg trl hnd straight up w/ palm out apt L strongly, rec R, sd L/cl R, sd L ;
<u>4</u>	Whip ;	Bk R trng ¼ LF, rec L trng ¼ LF, sd R/cl L, sd R ( <i>W fwd L reachg in front of M, fwd &amp; sd R trng LF ½, sd L/cl R, sd L</i> ) to BFLY COH ;
<u>5</u>	Traveling Door;	Repeat meas 1-4 Part D to LOP-FCG WALL ;;;
<u>6</u>	Cucaracha R ;	
<u>7</u>	Open Break ;	
<u>8</u>	Whip ;	

**Repeat Part C twice**

**ENDING**

1	Chug apart & hold ;	With both hnds jnd & weight on both feet bend knees and straighten quickly causing feet to slide bk, -, -, - ;
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Laura Tesoro, Belgian singer, born in Antwerp in Aug 1996. Previous singles: "Outta Here" and "Funky Love".

**WHAT'S THE PRESSURE – GIRCOUR – CHA III+2 – 2:48 – LAURA TESORO**

**INTRO (4 MEAS)**

OP LOD WAIT 2 MEAS ;; CIRCLE CHA TO BFLY ;;

**PART A (8 MEAS)**

ALEMANA ;; OPEN BREAK TO BFLY ; CRAB WALKS ;;  
SPOT TURN ; BREAK TO OP ; WALK ;

**PART B (8 MEAS)**

SLIDING DOOR ; RK APT REC FWD CHA ; WALK & TURN IN BK CHA ;  
BK BASIC ; SLIDING DOOR ; RK APT REC FWD CHA TO BFLY ;  
CUCARACHA L & R ;;

**PART C (8 MEAS)**

CHASE WITH TRIPLE CHA IN ;; OPPOSITE FENCE LINE BOTH WAYS ;;  
CHASE WITH TRIPLE CHA OUT ;; FINISH THE CHASE ;;

**BRIDGE (1 MEAS)**

VINE 4 ;;

**PART A (8 MEAS)**

ALEMANA ;; OPEN BREAK TO BFLY ; CRAB WALKS ;;  
SPOT TURN ; BREAK TO OP ; WALK ;

**PART B (8 MEAS)**

SLIDING DOOR ; RK APT REC FWD CHA ; WALK & TURN IN BK CHA ;  
BK BASIC ; SLIDING DOOR ; RK APT REC FWD CHA TO BFLY ;  
CUCARACHA L & R ;;

**PART C (8 MEAS)**

CHASE WITH TRIPLE CHA IN ;; OPPOSITE FENCE LINE BOTH WAYS ;;  
CHASE WITH TRIPLE CHA OUT ;; FINISH THE CHASE ;;

**INTERLUDE (4 MEAS)**

CHASE PEEK-A-BOO ;;;

**PART D (8 MEAS)**

TRAVELING DOOR ; CUCARACHA R ; OPEN BREAK ; WHIP TO BFLY ;  
TRAVELING DOOR ; CUCARACHA R ; OPEN BREAK ; WHIP ;

**PART C (8 MEAS)**

CHASE WITH TRIPLE CHA IN ;; OPPOSITE FENCE LINE BOTH WAYS ;;  
CHASE WITH TRIPLE CHA OUT ;; FINISH THE CHASE ;;

**PART C (8 MEAS)**

CHASE WITH TRIPLE CHA IN ;; OPPOSITE FENCE LINE BOTH WAYS ;;  
CHASE WITH TRIPLE CHA OUT ;; FINISH THE CHASE ;;

**ENDING (1 MEAS)**

CHUG APART ;