



Crisp & Cool

Choreographers:	Release date: July 2019
Annette & Frank Woodruff	Rhythm & Phase: Cha Cha III
	Music: Stereo Cha Cha, Saints Row 2 soundtrack, Ezzzy 105 Umberto Pagnini, 1:43*
Mons, Belgium	Time & Speed: 1:54 when slowed 10 %
	Footwork: Opposite except where indicated (W's footwork in parentheses)
annetteandfrank@gmail.com	Sequence: AB AB AB A

PART A

1	½ Basic ;	BFLY WALL Fwd L, rec R, sd L/cl R, sd L ;
2	Whip ;	Bk R trng ¼ LF, rec L trng ¼ LF, sd R/cl L, sd R (<i>W fwd L reachg in front of M, fwd & sd R trng LF ½, sd L/cl R, sd L</i>) to BFLY COH ;
3	Hand to Hand ;	Releasg ld hnds swvl sharply on ball of R ft & XLib (<i>W XRib</i>) trng to OP RLOD, rec R to BFLY COH, sd L/cl R, sd L ;
4	Kick/Point Freeze ;	Quickly kick R thru/pt R to sd lowerg slightly into supporting knee [1&], freeze, freeze, freeze ; [Make this sharp! Head follows foot]
5	Traveling Door to OP RLOD ;	Take weight on R, rec L, XRif (<i>W XLif</i>)/sd L, XRif (<i>W XLif</i>) to OP RLOD ;
6	Sliding Door to LOP ;	Sd apt L, rec R, relg hnds & chg sd bhd W XLif/sd R, XLif (<i>W chg sd in frnt of M XRif/sd L, XRif</i>) to LOP RLOD ;
7	Apart Recover Forward Cha ;	Sd apt R, rec L, fwd R/cl L, fwd R ;
8	Kick/Point Freeze ;	Quickly kick L/trng to BFLY pt L to sd w/ slight lwrng into R knee, freeze, freeze, freeze ;

PART B

1	½ Basic ;	Fwd L, rec R, sd L/cl R, sd L ;
2	Underarm Turn ;	Raisg jnd ld hnds & trng bdy slightly RF bk R, rec L squaring bdy to fc ptr, sd R/cl L, sd R (<i>W swvlg ¼ RF on ball of R ft fwd L trng ½ RF, rec R trng ¼ RF to fc ptr sd L/cl R, sd L</i>) ; [<i>W takes larger steps on last triple to end slightly offset to man's R side</i>]
3 - 4	Into a Lariat ;;	Press sd L, rec R, ip L/R, L (<i>With ld hnds jnd W circ CW arnd M fwd R, L, R/L, R</i>) ; press sd R, rec L, ip R/L, R (<i>W cont CW circ arnd M fwd L, fwd R, fwd L/cl R, sd L</i>) to LOP-FCG WALL ;
5	Reverse Underarm Turn ;	XLif, rec R, sd L/cl R, sd L (<i>W swvlg ¼ LF on ball of L ft fwd R trng ½ LF, rec L trng ¼ LF to fc ptr, sd R/cl L, sd R</i>) ;
6	Underarm Turn ;	Rpt meas 2 Part B ;
7	Hand to Hand ;	Rpt meas 3 Part A ;
8	Qk Rumba Spot Turn Hold ;	{1&2} Swvlg ¼ LF on L ft fwd R trng LF ½/ rec L trng ¼ LF to fc ptr, sd R, hold, hold ;

*<https://www.youtube.com/watch?v=iMmcFsrMgX4> Or <https://www.youtube.com/watch?v=yuOHRb2HpJ0>



Saints Row 2 is a 2008 action-adventure video game series developed by Volition and published by Deep Silver. The story is about urban warfare, focussing on a gang called the Third Street Saints who live in the city of Stilwater. Ezzzy 105 is the original radio station in the game, later renamed "The World".

CRISP & COOL – WOODRUFF – CH III – 1:54 – UMBERTO PAGNINI

PART A (8 meas)

½ Basic ; Whip ; Hand to Hand ; Kick/Point Freeze;
Traveling Door to OP RLOD ; Sliding Door to LOP ;
Apt Rec Forward Cha ; Kick/Point Freeze ;

PART B (8 meas)

½ Basic ; Underarm Turn into a Lariat ;;;
Rev Underarm Turn ; Underarm Turn ; Hand to Hand ;
Quick Rumba Spot Turn ;

PART A (8 meas)

½ Basic ; Whip ; Hand to Hand ; Kick/Point Freeze;
Traveling Door to OP RLOD ; Sliding Door to LOP ;
Apt Rec Forward Cha ; Kick/Point Freeze ;

PART B (8 meas)

½ Basic ; Underarm Turn into a Lariat ;;;
Rev Underarm Turn ; Underarm Turn ; Hand to Hand ;
Quick Rumba Spot Turn ;

PART A (8 meas)

½ Basic ; Whip ; Hand to Hand ; Kick/Point Freeze;
Traveling Door to OP RLOD ; Sliding Door to LOP ;
Apt Rec Forward Cha ; Kick/Point Freeze ;

PART B (8 meas)

½ Basic ; Underarm Turn into a Lariat ;;;
Rev Underarm Turn ; Underarm Turn ; Hand to Hand ;
Quick Rumba Spot Turn ;

PART A (8 meas)

½ Basic ; Whip ; Hand to Hand ; Kick/Point Freeze;
Traveling Door to OP RLOD ; Sliding Door to LOP ;
Apt Rec Forward Cha ; Kick/Point Freeze ;